



CLASSES 2018-2019

Monmouth Academy of Ballet offers students, ages pre-school through high school, a complete curriculum of professional instruction from September through June of each year. Our curriculum incorporates the Royal Academy of Dance syllabus which is the most comprehensive and purest of the classical syllabi currently available to ballet teachers.

Learning ballet is an incremental process involving many stages of development. Students will progress through various levels at a pace appropriate for them. Each class level sets higher expectations and becomes more demanding both physically and intellectually. All levels aim to inspire students and help them experience the pleasure, pride and satisfaction of performing ballet.

WONDERFUL WEDNESDAY, TERRIFIC TUESDAY & SPLENDID SATURDAY

These classes are a learning and development opportunity for young beginners. Girls and boys will discover the joy of music and movement activities as they learn to express their feelings creatively.

PLIÉ, CHASSÉ & SOUTENU

These classes aim to capture and nurture the instinctive joy of movement and freedom of expression in a child centered environment that encourages exploration, independence and social interaction. Students will participate in developmentally appropriate activities that facilitate the acquisition of dance skills at a later age.

FLIC FLAC

With this class additional technique and vocabulary are introduced. The student's repertoire of movement, timing and complexity become more integrated. The performance and musical aspects of ballet are increasingly demanding and character technique is introduced at this level.

PASSÉ

This class is pivotal in the young dancer's education. It is an exciting age to master much more technically demanding aspects of ballet. At this level a commitment to the study of ballet becomes important.

DÉVELOPPÉ • ÉCHAPPÉ

Classes are focused on technique, pointe work and solo performance with attention to mastering the essential connection of mind and body. Complementary exercises will increase flexibility, joint mobility and muscle strength to enable students to safely manage increasing physical demands on their body.

6/22/18